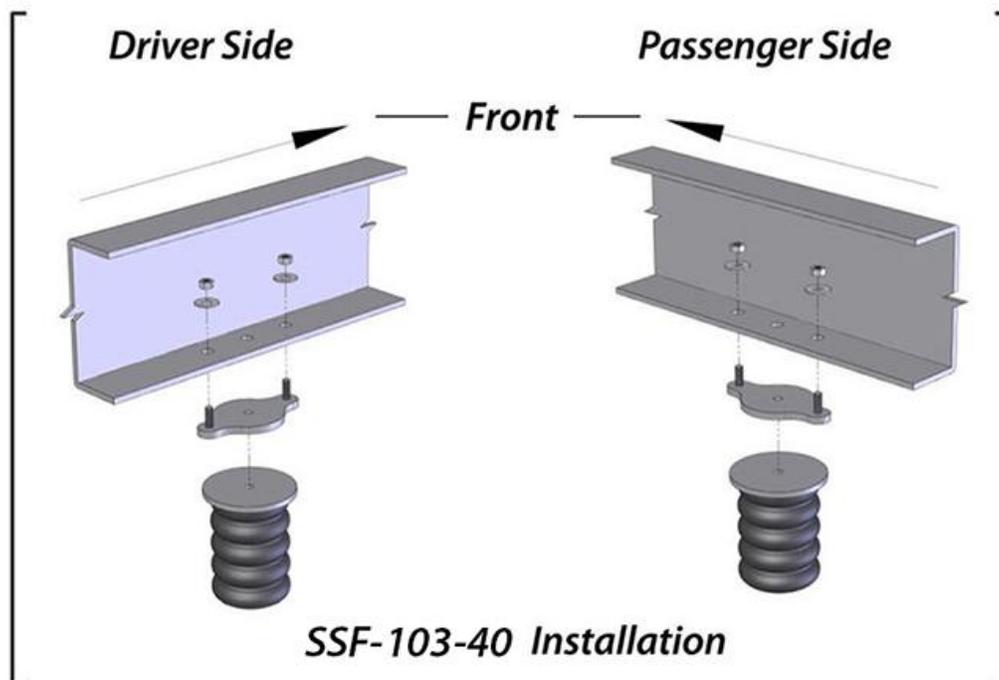


# SumoSprings Front

Suspension Enhancement  
FORD F250/350 4x4 [1999-2004]  
SumoSprings Part# SSF-103-40



Refer to SumoSprings application guide for part selection [www.supersprings.com](http://www.supersprings.com) [Tech line #866-898-0720]  
SumoSprings enhance load carrying capability, handling & towing. Never exceed vehicle manufacturer's GVWR rating.

## **Installation Instructions**

- 1) Park vehicle on level hard surface. Engage emergency brake. Place blocks in front and behind rear wheels to prevent rolling. Observe all safety precautions and wear safety glasses.
- 2) Raise front of vehicle allowing the axle to hang freely. Support the frame using safety jack stands.
- 3) Remove existing factory jounce bumper assembly by unbolting the two hex nuts and removing the assembly.
- 4) Attach the SumoSPring by threading the two studs of the assembly through the existing holes in the underside of the frame from which the factory jounce bumper assembly was removed.
- 5) Install the supplied flat washers and nuts on top of the studs and tighten securely.
- 6) Repeat steps three through five on the other side of the vehicle.
- 7) Jack up vehicle, remove safety jack stands.
- 8) Carefully lower vehicle to the hard surface. Remove the blocks in front and back of the rear wheels.
- 9) Release emergency brake.
- 10) Fill out warranty card and send to SuperSprings. The warranty card is on the reverse side of this page.

### **Tool List**

- Floor Jack 1
- Jack Stands 2
- 13mm Socket/Wrench 1
- Ratchet 1
- Wheel Blocks 4

### **Parts List**

- SumoSPrings 2
- M8 Washers 4
- M8 Nuts 4

## **Important Notice.**

- 1) For easy installation please read instructions completely first and have all necessary tools available.
- 2) We recommend that this installation be done by a professional or persons with sound mechanical knowledge.
- 3) SumoSPrings are designed to work with the original factory springs only. If they have been replaced with aftermarket springs then please consult with Supersprings International at 866-898-0720.
- 4) These instructions are meant as a guide for the installation of SumoSPrings. SuperSprings International assumes no liability for the actual installation process. Installers should apply common automotive safety practices when raising, lowering and working on vehicles.
- 5) SumoSPrings are designed to enhance the vehicles load carrying performance and road handling however it does not authorize (or recommend) loading beyond the manufacturer's GVWR specifications.
- 6) For technical support contact SuperSprings International at 866-898-0720.

***To prevent damage to the vehicle and to ensure safety, do not exceed the maximum load recommended by the vehicles manufacturer (GVWR).***